

The courses at WOFT enable everyone to learn and experience, what to do, should real-life situations occur.

Most often the first question everybody asks is: "What is Real-Life Scenario, Safety & Instruction?" It's something quite different and therefore a little challenging to explain without any existing reference. So think of it like this...

Everyday; everyone of us; enter and exit scenarios. We go to coffee shops; We go to gas stations;

We go to hair salons, restaurants, movies and more.

These are all scenarios.

A simple part of our everyday lives. And most of us enter and exit these scenarios, quite "oblivious" to our surroundings. And with the advent of cell phones, many are completely distracted.

Generally, it's not a problem. Most of the time, it's all quite civilized.

We are here to talk about the moments when it's not.

What happens when a stranger approaches you? What happens when someone starts to follow you? What happens when someone becomes aggressive?

And now your "scenario;" has become a "situation."

What would you do?

What should you do?

At WOFT we teach women and families: business owners and their teams, students and teachers virtually everyone; how to deal with these very real-life encounters. So that you can be empowered in these very dire situations.

Contact info@woft.com | Mon. - Fri. 09:00 - 17:00 EST | +1 (352) 223-8787